Green schoolyards can promote physical activity by offering a variety of active play options that engage children of varying fitness levels, ages and genders.

85% of educators and parents said green schoolyards support a wider range of play activities than other types of schoolyards.²

More Options, More Activity

Trees, shrubs, rocks, logs, climbing, running, jumping, lifting.

Variety in landscaping increases variety in active play.²

Meeting Diverse & Changing Needs

Green schoolyards complement conventional playgrounds with opportunities for light & moderate physical activity that are more appealing to some children.³⁴

Green schoolyards can contribute to girls’ physical fitness ★★★★

Physical activity decreases as children grow, especially for girls. Green schoolyards sustain activity as children age and preferences change.⁵⁶⁷

Supporting research


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C&NN recognizes that not all studies support causal statements.