Green schoolyards can promote physical activity by offering a variety of active play options that engage children of varying fitness levels, ages and genders.

85% of educators and parents said green schoolyards support a wider range of play activities than other types of schoolyards.2

More Options, More Activity

GREEN SCHOOLYARDS COMPLEMENT CONVENTIONAL PLAYGROUNDS WITH OPPORTUNITIES FOR LIGHT & MODERATE PHYSICAL ACTIVITY that are more appealing to some children.3,4

MEETING DIVERSE & CHANGING NEEDS

Green schoolyards can increase physical activity by offering a variety of active play options that engage children of varying fitness levels, ages and genders.

Physical activity decreases as children grow, especially for girls. Green schoolyards sustain activity as children age and preferences change.5,6,7

MORE OPTIONS, MORE ACTIVITY

trees shrubs logs rocks

running lifting climbing jumping Variety in landscaping increases variety in active play.2

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SUPPORTING RESEARCH