GREEN SCHOOLYARDS CAN INCREASE PHYSICAL ACTIVITY

Green schoolyards can promote physical activity by offering a variety of active play options that engage children of varying fitness levels, ages and genders.

MORE OPTIONS, MORE ACTIVITY

85% of educators and parents said green schoolyards support a wider range of play activities than other types of schoolyards.

MEETING DIVERSE & CHANGING NEEDS

Green schoolyards complement conventional playgrounds with opportunities for light & moderate physical activity that are more appealing to some children.

GREEN SCHOOLYARDS CAN INCREASE PHYSICAL ACTIVITY

Physical activity decreases as children grow, especially for girls. Green schoolyards sustain activity as children age and preferences change.

SUPPORTING RESEARCH


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