

Children & Nature Network

*Resources shared during Children & Nature Network's
Just Grow! Gardening with Kids event, April 26, 2024*

Children & Nature Network's resources

- Find your native land - <https://native-land.ca>
- How to support Indigenous Peoples Everyday, adapted from Amplifier Art (<https://amplifier.org/campaigns/well-being/>) and 'Āina Momona (<https://www.kaainamomona.org/>)
- Resources and inspiration for families, caregivers and program service providers: <https://www.childrenandnature.org/families/>
- Children & Nature Network Toolkit: Connecting Children of All Abilities to Nature Play & Therapeutic Gardens - <https://www.childrenandnature.org/resources/connecting-children-of-all-abilities-to-nature-play-and-therapeutic-gardens/>
- Research Digest: Gardening with and for children - <https://www.childrenandnature.org/resources/research-digest-gardening-with-and-for-children/>
- Finding Nature News article: Planting the rainbow: Garden-based education in the 'Salad Bowl' - <https://www.childrenandnature.org/resources/planting-the-rainbow-garden-based-education-in-the-salad-bowl/>
- Children & Nature Network Research Library on the benefits of gardening for children: <https://research.childrenandnature.org/research-library/?h=MNpjEtej>
- Children & Nature Network Resource Hub gardening resources - https://www.childrenandnature.org/search/?fwp_fwp_resources_search=garden
- Study: Gardening is beneficial for mental and physical health - <https://research.childrenandnature.org/research/gardening-is-beneficial-for-mental-and-physical-health/>
- Finding Nature News article: CitySprouts school garden program improves science learning equity - <https://www.childrenandnature.org/resources/citysprouts-school-garden-program-improves-science-learning-equity/>
- Finding Nature News: Across Perú, Tierra de Niños (Children's Lands) create deep connections to nature for students and communities - <https://www.childrenandnature.org/resources/across-peru-tierra-de-ninos-childrens-lands-create-deep-connections-to-nature-for-students-and-communities/>
- Vitamin N Challenge kicks off June 1- [childrenandnature.org/resources/vitaminn/](https://www.childrenandnature.org/resources/vitaminn/)

Panelist's resources

Kashon DuBose

- Cultivators <https://www.cultivatorsnyc.org/>
- Bronx Times article about Kashon
<https://www.bxtimes.com/bronx-resident-horticulture-mental-health/>
- Cultivators Instagram - https://www.instagram.com/cultivators_bx/
- Trust for Public Land - <https://www.tpl.org/>
- Ramos, NoNieqa. *Best Believe*. Lerner Publishing Group, 2024.
<https://lernerbooks.com/shop/show/23113>

Sonya Harris

- Instagram <https://www.instagram.com/njgardenteacher/>
- Bullock Garden Project <https://www.bullockgardenproject.org/>

Resources shared by attendees

- Tower Gardens
- Archer, Micha. *Wonder Walkers*. Penguin Random House, 2021.