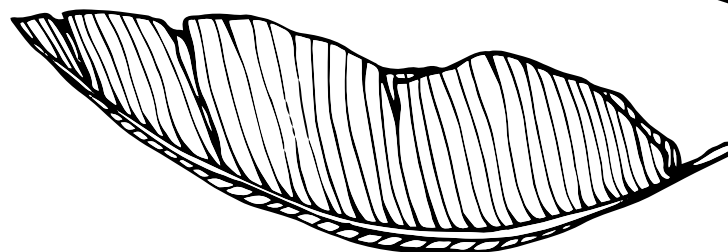
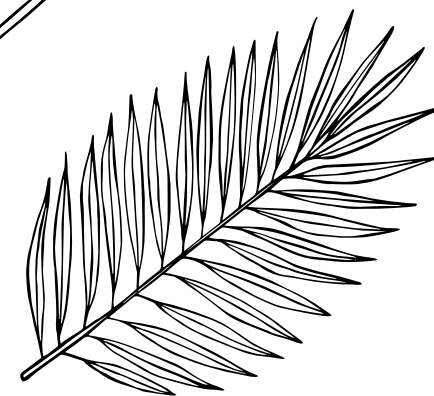
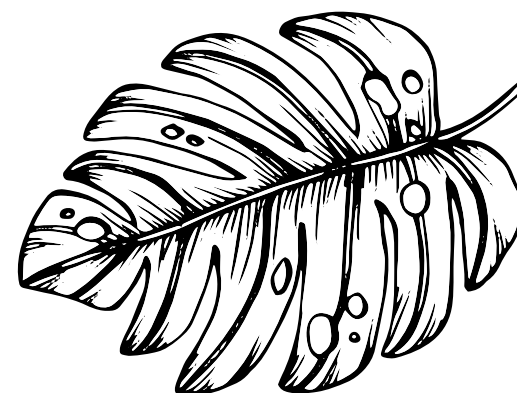
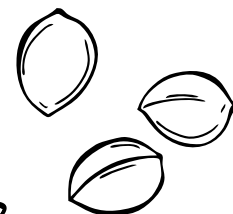
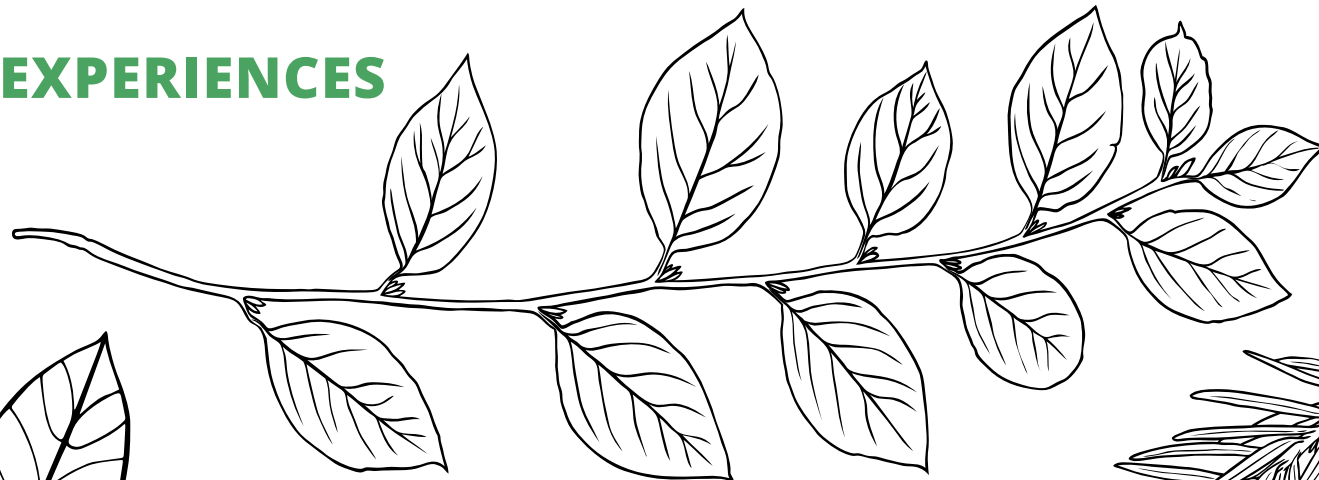


# 10 NATURE EXPERIENCES



I took a walk in the woods and came out taller than the trees.

—HENRY DAVID THOREAU

VITAMIN



CHALLENGE